
Pilates Alliance of Australasia – 2023 AGM

Date: 26 August 2023

Venue: Crown Conference Centre, Southbank and via Zoom

Meeting opened at 16:00

Meeting concluded at 16:52

Attendees

PAA committee members: Robyn Rix (President), Chris Lavelle (Vice President), Meredith Brooks (Treasurer), Karen Goh (Secretary), Committee members Daniela Di Fabio, Bruce Hildebrand, Donna Oliver, Susie Bond,

Systems Officer Kerry Haywood, Member Relations Sharan Simmons, 47 members of the PAA and 5 Members via Zoom

Apologies

Sarah Betts, Robert Carruthers, Carolyn Howard, Louise Taube

Minutes of previous AGM

21 October 2022

Accepted and approved by the members (Karen Goh, Chris Lavelle)

President's report

The President's report was presented at the meeting ([link to report](#))

Robyn Rix began with a welcome to the members and an Acknowledgement of Country. She delivered her report by way of a PowerPoint presentation reviewing the major achievements for the year 2023 and outlining plans and priorities for the PAA's new committee.

The President's report covered:

- Membership Statistics for the year – numbers have increased
- An update on the Natural Therapies Review
- Progress on establishing one strong industry voice with the absorption of over 70 APMA (Australian Pilates Method Association) members
- Taking ownership of the Pilates Science website and Facebook page
- Changes to the PAA's relationship with training providers
- Additional member benefits e.g. Member Mat Classes, podcasts

- The review of membership fees as part of maintaining financial viability
- Drafting a new constitution
- Plans for a new website and membership management system

The President thanked Narelle Forbes, Eve Fairbairn, Andre Lupton and Simmone Cser-Pratzky who have stepped down from the committee for their contributions. She also thanked the committee, the PAA administration staff, Stan Barnes, Penny Latey, and Mary McArthur.

Dr Penny Latey was presented with a plaque, certificate and Honoured Membership status for her contributions to the Pilates community and her work on the Natural Therapies Review Expert Advisory Panel.

Chris Lavelle, who has served the maximum term on the committee as specified in the constitution, was granted Honoured Membership in acknowledgement of her many contributions.

Treasurer's report

The Treasurer presented the PAA financial statements and reports for the year ended 30 June 2023.

Total current assets: \$424,689

Total current liabilities: \$202,466

Net assets: \$216,168

Total accumulated funds: \$216,168

Meredith Brooks mentioned that there were sufficient funds to afford the new CRM (Customer Relationship Management system), website, and branding. She acknowledged the prodigious contributions of the President.

Vote on the PAA Constitution

100% of attendees at the AGM voted to adopt the following special resolution:

- That the name of the organisation be changed from the Pilates Alliance Australasia to the Pilates Association Australia Inc
- That the constitution of the Pilates Alliance Australasia, last amended on 28 August 2017, be repealed

- That the constitution tabled at the annual general meeting on 26 August 2023 ([link to constitution](#)) be adopted as the constitution of the Pilates Association Australia to apply from when the change is accepted by Fair Trading NSW.

Explanatory notes to the resolution:

The Associations Incorporation Regulation model constitution, on which our constitution is based, has recently been updated to cater for the increasing use of electronic communication, and to add clarity and remove redundancies.

Our proposed new constitution is based on the new model and the committee has also taken the opportunity to update some provisions, most notably as follows:

- Redefine and clarify the categories of membership
- Clarify and remove ambiguities in the sections concerning membership application, and committee member terms of office

Change of Name

More importantly, the committee proposes to change the name of the Pilates Alliance Australasia to the Pilates Association Australia. The joining of the APMA and the PAA is an important step to building a strong and cohesive Pilates Community and a new name is a strong symbol.

Associate Membership

The committee proposes changes to the Associate membership category. This will be split into two groups – Affiliate and Studio Owner. The former will not have voting rights, whereas the latter will continue to have voting and nomination rights.

Election of Committee Members

There were three nominations for three positions and these nominations are accepted.

The PAA Committee for 2023:

President - Robyn Rix

Vice President – Susie Bond, nominated by Lisa Peresan, seconded by Robyn Rix

Treasurer - Meredith Brooks

Secretary - Karen Goh

Ordinary Councillors

Daniela Di Fabio

Bruce Hildebrand

Donna Oliver, nominated by Meredith Brooks, seconded by Robyn Rix

Lisa Jackson, nominated by Robyn Rix, seconded by Meredith Brooks

Other business

There being no other business, the meeting closed at 16:52.